

Dear brothers and sisters in Christ,

As followers of God, we are called to align our hearts and minds with His. This includes embracing what He loves and rejecting what He hates. This is often difficult in a world that tells us it's immoral to tell someone they are wrong. Today I wanted to explore with you what the Bible says about what God hates and how we can cultivate a similar perspective.

Hate is such a strong word, and even in scripture it's generally used in a negative sense – in other words, don't hate. After all, on the Sermon on the mount, Jesus says that to hold anger against someone means you've committed murder in your heart. This is different though, scripture makes it clear that it's not only acceptable to despise that which is evil, in fact it is expected of us.

So, let's take a quick high-level view of what God wants us to not only steer clear of, but to be angered by. First, pride - "The Lord detests all the proud of heart. Be sure of this: They will not go unpunished." - Proverbs 16:5. Pride is dangerous because it gives people the idea that they are doing well enough in this life, which is never true. God wants us to always come to Him in humility, and to always push pride away from ourselves.

Second, dishonesty - "There are six things the Lord hates, seven that are detestable to him... a lying tongue." - Proverbs 6:16-17. Humans are so good at lying that we can do it with virtually no effort. God wants us to keep the habitual lies that people spew far away from us. We have enough issues living in this veil of tears, we don't need to make things worse for ourselves by lying to others, ourselves, or God.

Third, injustice - "For the Lord is righteous, he loves justice; the upright will see his face." - Psalm 11:7. Seeing all the injustice in this world should anger us. God created us to love each other, and there is no love in injustice.

“Hate what God hates.” Proverbs 16:5 Ece Deus Adjuvat 2025

We are called to cry out against injustice and tyranny and do what we can to allow people on God’s beautiful earth to live in peace, justice and harmony.

Fourth, Idolatry - "You shall have no other gods before me." - Exodus 20:3. God has always made it clear that this is the most important commandment. Be true to God, and He will remain with you forever. Reject and replace Him with the idols of this world and prepare to be rejected by God Himself on the last day.

Fifth, bloodshed - "Do not shed innocent blood." - Jeremiah 7:6. God allows for killing in certain circumstances, especially in pursuit of justice, but bloodshed for anything other than what God commands is something that we should loathe and avoid.

Sixth, lust – “but I tell you that everyone who gazes at a woman to lust after her has committed adultery with her already in his heart.” – Matthew 5:28. God wants us to live pure lives free of the lustful desires of this world. This is quickly becoming one of the most difficult things to avoid as our society now sexualizes nearly everything. God challenges us to stay with His biblical model of one man and one woman in holy matrimony, and to avoid deviating into anything else.

So yes, Holy Scripture is full of things we should hate. Why should we hate what God hates? Firstly, it creates alignment with God's character - By hating what God hates, we demonstrate our desire to be like Him. Secondly, it gives us protection from harm - embracing God's perspective protects us from the consequences of sinful behaviors. Thirdly, promotes justice and righteousness - when we hate what God hates, we advocate for justice and righteousness in the world.

This seems so simple, correct? Hating evil should be easy. But how do we cultivate a heart that hates what God hates? First and foremost, and I

“Hate what God hates.” Proverbs 16:5 Ece Deus Adjuvat 2025 cannot stress this enough - Study God's Word. Regularly reading and meditating on Scripture helps us understand God's perspective. Read through the Psalms, read through Proverbs, read the Gospels. Through Scripture, we are able to see through God's eyes and better understand the way the world should run. Next, pray for discernment. Ask God to give you wisdom and discernment to recognize what He hates. Thirdly, seek accountability - surround yourself with people who share God's values and encourage you to live according to His standards. If everyone around you thinks that the things God hates are just fine as they are, then it's easy to slip into complacency or even into a frame of mind where you think those sins are ok. And finally, repent and surrender - When you recognize sinful patterns or attitudes in yourself, repent and surrender them to God. Rely on the Holy Spirit to help purify your heart and allow you to live a righteous life. Pray for strength to always recognize what God hates, even those things that the world says are ok. By embracing God's perspective and hating what He hates, we demonstrate our love and devotion to Him. May we continually seek to align our hearts and minds with His, promoting justice, righteousness, and His glory in our lives.